

CITYDANCE STUDIOS DC / MD / VA 2025-26 ADULT CLASS SCHEDULE



MON	TUE	WED	THU	FRI	SAT	SUN
All Lvl Heels 6:30-7:30pm MD Talissa Bavaresco	All Lvl Zumba 7:00-7:45am MD Asanga Domask	Adv Beg Tap 7:00-8:00pm DC Allison Hunger	All Lvl Zumba 7:00-7:45am MD Asanga Domask	KPop Fridays 7:00-8:30pm DC Every 2nd & 4th Friday Kaitlin Madzellan	Adv Int The Jackson Method Ballet 10:00-11:30am DC Aaron Jackson	All Lvl Zumba 9:00-9:45am DC Tanya Nuchols
Beg Tap 6:45-7:45pm DC Allison Hunger	All Lvl Zumba 9:00-10:00am MD Asanga Domask	Adv Beg Musical Theater Jazz 7:30-8:30pm DC Erica Hudak	All Lvl Zumba 9:00-10:00am MD Asanga Domask	Sippin' with CityDance 7:00-8:30pm DC Every 3rd Friday Rotating Faculty	Filipino Dance Workshop 2:00-3:00pm DC Every 1st Saturday Tanya Nuchols	All Lvl Barre Fit 9:45-10:30am DC Tanya Nuchols
Int Contemporary 7:30-9:00pm DC Talissa Bavaresco	All Lvl Barre Fit/Pilates 6:45-7:45pm DC Tanya Nuchols	Beg Flamenco 7:30-8:30pm DC Daniel Paredez	Int Contemporary 6:30-8:00pm DC Talissa Bavaresco	Sippin' with CityDance 6:00-7:30pm MD Selected Saturdays Rotating Faculty	Sippin' with CityDance 6:00-7:30pm VA Selected Saturdays Rotating Faculty	All Lvl SharQui 10:30-11:15am DC Tanya Nuchols
Int Tap 7:45-9:00pm DC Allison Hunger	Adv Beg/Int Flamenco 7:30-8:30pm DC Estela Velez de Paredez	Beg Tap 8:00-9:00pm DC Allison Hunger	Beg Ballet 6:45-8:00pm DC Amanda Holland	All Lvl Zumba 7:30-8:30pm DC Tanya Nuchols	Sippin' with CityDance 6:00-7:30pm VA Selected Saturdays Rotating Faculty	Beg Flamenco 12:30-1:30pm DC Estela Velez de Paredez
	Beg Hip Hop 7:30-8:30pm DC Zoe Zitner	Adv Beg Flamenco 8:30-9:30pm DC Daniel Paredez	All Lvl Zumba 7:30-8:30pm DC Tanya Nuchols	Beg Lyrical 8:00pm-9:00pm DC Talissa Bavaresco		Adv Beg Musical Theater Jazz 12:45-2:00pm DC Katie Creed
	Adv Flamenco 8:30-9:45pm DC Estela Velez de Paredez		Beg Lyrical 8:00pm-9:00pm DC Talissa Bavaresco	Adv Beg Ballet 8:00-9:15pm DC Amanda Holland		Flamenco Repertoire 1:30-2:30pm DC Daniel Paredez

UPCOMING SESSION DATES	
SUMMER	Mon, Jun 15 - Sun, Jul 19 5 weeks
LATE SUMMER	Mon, Aug 3 - Sun, Sep 13 6 weeks
FALL	Mon, Sep 14 - Sun, Nov 11 8 weeks

LOCATION KEY	
DC	5207 Wisconsin Ave NW Washington DC
MD	10511 Strathmore Hall St North Bethesda MD
VA	255 West Falls Station Blvd Falls Church VA