CITYDANCE STUDIOS DC / MD / VA 2026-27 ADULT CLASS SCHEDULE

MON

All Lvls Heels
6:30-7:30pm FH
Talissa Bavaresco

Beg Tap
6:45-7:45pm FH
Allison Hunger

Int Contemporary
7:30-9:00pm FH
Talissa Bavaresco

Int Tap
7:45-9:00pm FH
Allison Hunger

Beg Hip Hop
8:00-9:00pm NB
Rotita Cunningham

TUE

All Lvl Zumba
7:00-8:00am NB
Asanga Domask

All Lvl Zumba
9:30-10:30am NB
Asanga Domask

Adv Beg/Int Flamenco
7:30-8:30pm FH
Estela Velez de Paredez

***NEW!* Adv Beg POM**
7:30-8:30pm FH
Natalie Chevalier

Beg Hip Hop
7:30-8:30pm FH
Alanna Sibrian

Adv Flamenco
8:30-9:45pm FH
Estela Velez de Paredez

WED

***NEW!* Adv Int Ballet**
10:00-11:30am FH
Kseniia Stetsenko

Beg Ballet
10:15-11:30am FH
Kim Kokich

Beg Ballet
6:30-7:45pm FH
Joan Ayap

Adv Beg Tap
7:00-8:00pm FH
Allison Hunger

Beg Hip Hop
7:30-8:30pm RK
Diamond Hill

Adv Beg Musical Theater Jazz
7:30-8:30pm FH
Katie Creed

***NEW!* Beg Contemporary**
7:45-9:00pm FH
Joan Ayap

Beg Flamenco
7:45-8:45pm FH
Daniel Paredez

Beg Tap
8:00-9:00pm FH
Allison Hunger

Adv Beg Flamenco
8:45-9:45pm FH
Daniel Paredez

THU

All Lvl Zumba
7:00-8:00am NB
Asanga Domask

All Lvl Zumba
9:30-10:30am NB
Asanga Domask

Int Contemporary
6:30-8:00pm FH
Talissa Bavaresco

Beg Ballet
6:45-8:00pm FH
Amanda Holland

All Lvl Zumba
7:30-8:30pm FH
Tanya Nuchols

Beg Lyrical
8:00pm-9:00pm FH
Talissa Bavaresco

Adv Beg Ballet
8:00-9:15pm FH
Amanda Holland

FRI

***NEW!* Beg Ballet**
10:00-11:30am FH
Kseniia Stetsenko

All Levels Contemporay
10:15-11:45am FH
Sarah Beth Oppenheim

KPop Fridays
7:00-8:30pm FH
Every 2nd & 4th Friday
Kaitlin Madzelan

Sippin' with CityDance
7:00-8:30pm FH
Every 3rd Friday
Rotating Faculty

SAT

Adv Int The Jackson Method Ballet
10:00-11:30am FH
Aaron Jackson

Sippin' with CityDance
6:00-7:30pm NB
Selected Saturdays
Rotating Faculty

Sippin' with CityDance
6:00-7:30pm FC
Selected Saturdays
Rotating Faculty

SUN

All Lvl Zumba
9:00-9:45am FH
Tanya Nuchols

All Lvl Barre Fit
9:45-10:30am FH
Tanya Nuchols

All Lvl SharQui
10:30-11:15am FH
Tanya Nuchols

Beg Flamenco
12:45-1:45pm FH
Estela Velez de Paredez

Adv Beg Musical Theater Jazz
12:45-2:00pm FH
Katie Creed

Flamenco Repertoire
1:45-2:45pm FH
Daniel Paredez

UPCOMING SESSION DATES	
WINTER	Mon, Nov 9 - Sun, Jan 31 9 weeks
MIDWINTER	Mon, Feb 1 - Sun, Apr 4 8 weeks
SPRING	Mon, Apr 5 - Sat, Jun 5 9 weeks

LOCATION KEY	
FH | DC	5207 Wisconsin Ave NW Washington DC
NB | MD	10511 Strathmore Hall St North Bethesda MD
RK | MD	11711 Parklawn Dr Rockville MD
FC | VA	255 West Falls Station Blvd Falls Church VA

DC / Friendship Heights | 202.545.7207 MD / North Bethesda | 202.545.7207 | Rockville | 202.964.2330 VA / Falls Church | 703.634.5238