

CITYDANCE STUDIOS DC / MD / VA 2025-26 ADULT CLASS SCHEDULE



MON	TUE	WED	THU	FRI	SAT	SUN
All Lvl Heels 6:30-7:30pm <i>Talissa Bavaresco</i> FH	All Lvl Zumba 7:00-8:00am <i>Asanga Domask</i> NB	NEW! Adv Int Ballet 10:00-11:30am <i>Kseniia Stetsenko</i> FH	All Lvl Zumba 7:00-8:00am <i>Asanga Domask</i> NB	NEW! Beg Ballet 10:00-11:30am <i>Kseniia Stetsenko</i> FH	Adv Int The Jackson Method Ballet 10:00-11:30am <i>Aaron Jackson</i> FH	All Lvl Zumba 9:00-9:45am <i>Tanya Nuchols</i> FH
Beg Tap 6:45-7:45pm <i>Allison Hunger</i> FH	All Lvl Zumba 9:30-10:30am <i>Asanga Domask</i> NB	Beg Ballet 10:15-11:30am <i>Kim Kokich</i> FH	All Lvl Zumba 9:30-10:30am <i>Asanga Domask</i> NB	All Levels Contemporay 10:15-11:45am <i>Sarah Beth Oppenheim</i> FH	Sippin' with CityDance 6:00-7:30pm <i>Selected Saturdays Rotating Faculty</i> NB	All Lvl Barre Fit 9:45-10:30am <i>Tanya Nuchols</i> FH
Int Contemporary 7:30-9:00pm <i>Talissa Bavaresco</i> FH	Adv Beg/Int Flamenco 7:30-8:30pm <i>Estela Velez de Paredes</i> FH	Beg Ballet 6:30-7:45pm <i>Joan Ayap</i> FH	Int Contemporary 6:30-8:00pm <i>Talissa Bavaresco</i> FH	KPop Fridays 7:00-8:30pm <i>Every 2nd & 4th Friday Kaitlin Madzelan</i> FH	Sippin' with CityDance 6:00-7:30pm <i>Selected Saturdays Rotating Faculty</i> FC	All Lvl SharQui 10:30-11:15am <i>Tanya Nuchols</i> FH
Int Tap 7:45-9:00pm <i>Allison Hunger</i> FH	NEW! Adv Beg POM 7:30-8:30pm <i>Natalie Chevalier</i> FH	Adv Beg Tap 7:00-8:00pm <i>Allison Hunger</i> FH	Beg Ballet 6:45-8:00pm <i>Amanda Holland</i> FH	Sippin' with CityDance 7:00-8:30pm <i>Every 3rd Friday Rotating Faculty</i> FH		Beg Flamenco 12:45-1:45pm <i>Estela Velez de Paredes</i> FH
Beg Hip Hop 8:00-9:00pm <i>Rotita Cunningham</i> NB	Beg Hip Hop 7:30-8:30pm <i>Alanna Sibrian</i> FH	Beg Hip Hop 7:30-8:30pm <i>Diamond Hill</i> RK	All Lvl Zumba 7:30-8:30pm <i>Tanya Nuchols</i> FH			Adv Beg Musical Theater Jazz 12:45-2:00pm <i>Katie Creed</i> FH
	Adv Flamenco 8:30-9:45pm <i>Estela Velez de Paredes</i> FH	Adv Beg Musical Theater Jazz 7:30-8:30pm <i>Katie Creed</i> FH	Beg Lyrical 8:00pm-9:00pm <i>Talissa Bavaresco</i> FH			Flamenco Repertoire 1:45-2:45pm <i>Daniel Paredes</i> FH
		NEW! Beg Contemporary 7:45-9:00pm <i>Joan Ayap</i> FH	Adv Beg Ballet 8:00-9:15pm <i>Amanda Holland</i> FH			
		Beg Flamenco 7:45-8:45pm <i>Daniel Paredes</i> FH				
		Beg Tap 8:00-9:00pm <i>Allison Hunger</i> FH				
		Adv Beg Flamenco 8:45-9:45pm <i>Daniel Paredes</i> FH				

UPCOMING SESSION DATES

WINTER	Mon, Nov 9 - Sun, Jan 31 9 weeks
MIDWINTER	Mon, Feb 1 - Sun, Apr 4 8 weeks
SPRING	Mon, Apr 5 - Sat, Jun 5 9 weeks

LOCATION KEY

FH DC	5207 Wisconsin Ave NW Washington DC
NB MD	10511 Strathmore Hall St North Bethesda MD
RK MD	11711 Parklawn Dr Rockville MD
FC VA	255 West Falls Station Blvd Falls Church VA