

CITYDANCE STUDIOS DC / MD / VA 2025-26 ADULT CLASS SCHEDULE



MON	TUE	WED	THU	FRI	SAT	SUN
Beg Tap 6:45-7:45pm DC <i>Allison Hunger</i>	All Lvl Zumba 6:30-7:15am MD <i>Asanga Domask</i>	Int Beg Ballet 10:15-11:30am DC <i>Kim Kokich</i>	All Lvl Zumba 6:30-7:15am MD <i>Asanga Domask</i>	Beg Hip Hop 6:00-7:00pm DC <i>Talissa Bavaresco</i>	Adv Int The Jackson Method Ballet 10:00-11:30am DC <i>Aaron Jackson</i>	All Lvl Zumba 9:00-9:45am DC <i>Tanya Nuchols</i>
Int Tap 7:45-9:00pm DC <i>Allison Hunger</i>	All Lvl Zumba 9:30-10:30am MD <i>Asanga Domask</i>	Adv Beg Tap 7:00-8:00pm DC <i>Allison Hunger</i>	All Lvl Zumba 9:30-10:30am MD <i>Asanga Domask</i>	KPop Fridays 7:00-8:30pm DC Every 2nd & 4th Friday <i>Kaitlin Madzellan</i>	GRIDLOCK Dance Workshop 12:00-1:30m DC Every 1st Saturday Maxine Roman & GRIDLOCK Dancers	All Lvl Barre Fit 9:45-10:30am DC <i>Tanya Nuchols</i>
Beg Hip Hop 8:00-9:00pm MD <i>Rotita Cunningham</i>	Adv Beg Ballet 12:15-1:30pm DC <i>Alice Wylie</i>	Adv Beg Musical Theater Jazz 7:30-8:30pm DC <i>Erica Hudak</i>	Int Contemporary 6:30-8:00pm DC <i>Talissa Bavaresco</i>	Sippin' with CityDance 7:00-8:30pm DC Every 3rd Friday Rotating Faculty	Filipino Dance Workshop 2:00-3:00pm DC Every 1st Saturday Tanya Nuchols	All Lvl SharQui 10:30-11:15am DC <i>Tanya Nuchols</i>
	All Lvl Barre Fit/Pilates 6:30-7:30pm DC <i>Tanya Nuchols</i>	Int Contemporary 7:45-9:00pm DC <i>Talissa Bavaresco</i>	Beg Ballet 7:00-8:15pm DC <i>Amanda Holland</i>		Sippin' with CityDance 6:00-7:30pm MD Selected Saturdays Rotating Faculty	Beg Flamenco 12:30-1:30pm DC <i>Estela Velez de Paredez</i>
	Beg POM 7:30-8:45pm DC <i>Natalie Chevalier</i>	Beg Flamenco 7:45-8:45pm DC <i>Daniel Paredez</i>	All Lvl Zumba 7:30-8:30pm DC <i>Tanya Nuchols</i>		Sippin' with CityDance 6:00-7:30pm VA Selected Saturdays Rotating Faculty	Adv Beg Musical Theater Jazz 12:45-2:00pm DC <i>Katie Creed</i>
	Adv Beg/Int Flamenco 7:30-8:30pm DC <i>Estela Velez de Paredez</i>	Beg Tap 8:00-9:00pm DC <i>Allison Hunger</i>	Beg Lyrical 8:00pm-9:00pm DC <i>Talissa Bavaresco</i>			Flamenco Repertoire 1:30-2:30pm DC <i>Daniel Paredez</i>
	Beg Hip Hop 7:30-8:30pm DC <i>Zoe Zitner</i>	Adv Beg Flamenco 8:45-9:45pm DC <i>Daniel Paredez</i>	Adv Beg Ballet 8:15-9:30pm DC <i>Amanda Holland</i>			
	Adv Flamenco 8:30-9:45pm DC <i>Estela Velez de Paredez</i>					

UPCOMING SESSION DATES	
SPRING	Mon, Mar 23 – Sun, May 30 9 weeks
SUMMER	Mon, Jun 15 – Sun, Jul 19 5 weeks
LATE SUMMER	Mon, Aug 3 – Sun, Sep 13 6 weeks

LOCATION KEY	
DC	5207 Wisconsin Ave NW Washington DC
MD	10511 Strathmore Hall St North Bethesda MD
VA	255 West Falls Station Blvd Falls Church VA